

# St Gregory the Great Lunch Menu

## JANUARY 2022

HAPPY NEW YEAR



### USDA NEWS RELEASE

“USDA Extends Free Meals for Kids Through June 30, 2022!”

What this means:

**Every student @ St. Greg's is eligible for a Lunch Daily Free of Charge!**

Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Chicken Nuggets w/ Seasoned Noodles</p> <p>-----</p> <p>Carrot Bites Sweet Corn</p>	<p>4 Hot Dog w/Bun Italian Sausage w/Bun</p> <p>-----</p> <p>Crispy French Fries BBQ Baked Beans</p>	<p>Rotini w/Meat Sauce Texas Garlic Toast</p> <p>-----</p> <p>1c Romaine Salad Carrots</p>	<p>6 Cheese/Pepperoni Pizza Bflo. Style Pizza</p> <p>-----</p> <p>1c Romaine = 1/2c Green Beans</p>	<p>Grill Cheese Sandwich w/ Tomato Soup</p> <p>-----</p> <p>Cucumber Slices Mixed Vegetables</p>
<p>10 Chicken Patty w/ French Fries</p> <p>-----</p> <p>Carrot Bites Sweet Corn</p>	<p>11 TACO TUESDAY Tostito Taco Scoops Chicken Fajita Bowl</p> <p>-----</p> <p>Broccoli/Salsa Black Beans</p>	<p>12 Macaroni N Cheese w/Tortilla Chips</p> <p>-----</p> <p>Cucumber Slices Glazed Carrots</p>	<p>13 Cheese/Pepperoni Pizza Bflo. Style Pizza</p> <p>-----</p> <p>1c Romaine = 1/2c Green Beans</p>	<p>14 Turkey Sub w Chips</p> <p>-----</p> <p>Carrot Bites w/Dip Broccoli</p>
<p>17 Martin Luther King Jr. Day</p> <p>-----</p> <p>No School</p>	<p>18 TACO TUESDAY Tostito Taco Scoops Chicken Fajita Bowl</p> <p>-----</p> <p>Broccoli/Salsa Black Beans</p>	<p>19 Spaghetti w/Meat Sauce w/Texas Toast</p> <p>-----</p> <p>Romaine Salad Carrot Bites</p>	<p>20 Cheese/Pepperoni Pizza Bflo. Style Pizza</p> <p>-----</p> <p>Seasoned Tomatoes 1c Romaine = 1 cup</p>	<p>21 Chicken Nuggets w/Seasoned Noodles</p> <p>-----</p> <p>Sweet Corn Green Beans</p>
<p>24 Chicken Patty w/ Bun Italian Sausage w/Bun</p> <p>-----</p> <p>Crispy French Fries BBQ Baked Beans</p>	<p>25 Meatballs w/Sauce Texas Garlic Toast</p> <p>-----</p> <p>Romaine Salad Green Beans</p>	<p>26 Roast Turkey w/ Gravy w/ Dinner Roll</p> <p>-----</p> <p>Mashed Potatoes Glazed Carrots</p>	<p>27 Cheese/Pepperoni Pizza Bflo. Style Pizza</p> <p>-----</p> <p>1c Romaine = 1/2c Sweet Corn</p>	<p>28 Macaroni &amp; Cheese w/ Tortilla Chips</p> <p>-----</p> <p>Carrot Bites w/Dip Broccoli</p>
<p>31 Chicken Nuggets w/ Seasoned Noodles</p> <p>-----</p> <p>Carrot Bites Green Pepper Strips</p>	<p><b>Catholic Schools Week</b> January 31 thru February 4</p>	<p>MySchoolBucks.com Online Payment System</p> <p>For the safety of our students cash/checks no longer accepted</p>	<p><b>SNACKS</b> ICE CREAM \$1 CHIPS .75 RICE KRISPIE .75 POP TART .75 EPIC DRINK \$1</p>	

### Offered Daily with All School Lunches:

#### FRESH FRUIT / FRUIT CUP

(Served by the 1/2c portion)

#### VEGETABLES

(variety of fresh & cooked)

(Must Take 1/2 cup of Fruit or Veggies)

May Take Both

**NYS Milk from Upstate Farms**  
Skim, 1%, or Fat Free Chocolate Milk

**We serve the following Items As Main Entree Daily**

Julienne Salad w/Flatbread  
Yogurt Parfait w/Flatbread  
PB&J / PB

### Start With a:

- Protein (Entrée)
- Paired with Whole Grains
- Choose a Vegetable
- Pick a Fruit
- Add cold, refreshing milk

**The Perfect Lunch!**

This institution is an equal opportunity provider & employer.