



If Your Student Is Sick with COVID Symptoms

In accordance with the Erie County Department of Health rules, if your child develops signs or symptoms outside their known pre-existing medical condition (e.g. asthma, allergies, migraines) such as:

Sore throat	Nasal congestion or runny nose
Nausea or vomiting	Diarrhea
Temperature of 100°F or greater	Chills
Cough	Shortness of breath or difficulty breathing
Fatigue	Muscle or body aches
Headache	Loss of taste or loss of smell

Please keep your child at home and contact your child's physician for recommendations.

Contact Mrs. Kromer (K-8) or Mrs. McIntyre (PK-EK) after receiving the recommendation.

In order for your child to return to school, medical documentation must be submitted to the school nurse.

1. For students diagnosed by a healthcare provider as NOT having COVID-19 they can return to school:

- Once there are no symptoms or fever, without the use of fever reducing medicines, and they have felt well for 72 hours **or**
- If they have been diagnosed with another condition and fever was never a symptom, and other symptom(s) from the above list are improving

Documentation must be submitted from a health care provider following evaluation clearing the student to return to school.

2. If a healthcare provider will NOT see your child, but recommends a Covid test:

- Tests can be found through the [Erie County Department of Health](#) or at urgent care facilities
- At this time, St. Gregory the Great can perform this test before the student returns to school
Please contact Mrs. Kromer to make arrangements

Documentation of a negative result must be submitted from the outside testing site before the student can return to school.

3. Students diagnosed with COVID-19 by a provider based on a COVID-19 test should stay at home until:

- It has been at least 10 days since the individual first had symptoms or positive result; **and**
- It has been at least 3 days since the individual has had a fever (without using fever reducing medicine); **and**
- It has been at least 3 days since the individual's symptoms improved, including cough and shortness of breath

Documentation of the positive result must be submitted and the isolation period completed before the student can return to school.

4. Students who do not get a COVID-19 test but have had Covid like symptoms should stay at home until:

- It has been at least 10 days since the individual first had symptoms; **and**
- It has been at least 3 days since the individual has had a fever (without using fever reducing medicine); **and**
- It has been at least 3 days since the individual's symptoms improved, including cough and shortness of breath

Documentation must be submitted from a health care provider clearing the student, with a return date, to school.

If Your Student Has Been Identified as a Close Contact

1. The ECDOH will call to determine if quarantine is needed and give further instructions.
2. In accordance with the [Erie County Department of Health rules](#), the student must quarantine for 10 days past the last date of exposure.
3. Close contacts of a positive case should have a diagnostic COVID-19 test about 5 to 7 days after their last date of exposure to the positive case. A negative diagnostic COVID-19 test does not end or shorten the quarantine period.

Please forward any documentation from the County regarding the start or release date from quarantine to Mrs. Kromer (K-8) skromer@stgregsschool.org or Mrs. McIntyre (PK3, PK4, EK) kmcintyre@stgregsschool.org