



ST GREGORY THE GREAT MARCH 2023 LUNCH MENU



Menu Subject To Change

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken & Gravy w/ Mashed Potatoes ----- Sweet Corn Carrots	2 Cheese/Pepperoni Pizza Bflo. Style Pizza ----- Romaine Salad Green Beans	3 Macaroni & Cheese w/Tortilla Chips ----- Broccoli Sweet Corn
6 Chicken Nuggets w/ Seasoned Noodles ----- Carrot Bites Sweet Corn	7 TACO TUESDAY Tostito Taco Scoops Chicken Fajita Bowl ----- Broccoli/Salsa Black Beans	8 BBQ Pulled Pork Sandwich ----- Creamy Coleslaw Cucumber Slices French Fries	9 Cheese/Pepperoni Pizza Bflo. Style Pizza ----- 1c Romaine = 1/2c Green Beans	10 Grill Cheese Sandwich w/ Tomato Soup Tuna Sub w/Lettuce ----- Tender Carrots Cauliflower
13 Chicken Patty Sandwich ----- BBQ Baked Beans Carrot Bites	14 Macaroni n Cheese w/Tortilla Chips ----- Broccoli/Salsa Green Beans	15 Cheeseburger w/Bun Hamburger w/Bun ----- Crispy French Fries Carrot Bites	16 Cheese/Pepperoni Pizza Bflo. Style Pizza ----- Seasoned Tomatoes 1c Romaine = 1 cup	17 PROFESSIONAL STAFF DEVELOPMENT St Patrick's Day
20 Chicken Nuggets w/ Seasoned Rice ----- Mixed Vegetables BBQ Baked Beans	21 Spaghetti w/Meat Sauce Garlic Bread ----- Romaine Salad Sweet Corn	22 Ham Sub w/ Bag of Chips ----- Carrot Bites Green Beans	23 Cheese/Pepperoni Pizza Bflo. Style Pizza ----- 1c Romaine = 1/2c Tender Carrots	24 11AM DISMISSAL PTC OPTIONAL
27 Chicken Tenders w/ Mozzarella Sticks ----- Carrot Bites Green Beans	28 Taco & Cheese Loaded Baked Potato ----- Broccoli/Salsa Black Beans	29 BBQ Meatballs w/ Rice ----- Sweet Corn Cucumber Slices	30 Cheese/Pepperoni Pizza Bflo. Style Pizza ----- 1c Romaine = 1/2c Green Beans	31 Grill Cheese Sandwich w/ Tomato Soup ----- Mixed Vegetables Carrot Bites w/Dip

Offered Daily with All School Lunches:

FRESH FRUIT / FRUIT CUP

(Served by the 1/2c portion)

VEGETABLES

(variety of fresh & cooked)

(Must Take 1/2 cup of Fruit or Veggies)

May Take Both

NYS Milk from Upstate Farms
Skim, 1%, or Fat Free Chocolate Milk

We serve the following Items As Main Entree Daily

Julienne Salad w/ Flatbread

Yogurt Parfait w/Flatbread

PB&J / PB

Hot Dog w/Bun

Start With a:

- Protein (Entrée)
- Paired with Whole Grains
- Choose a Vegetable
- Pick a Fruit
- Add cold, refreshing milk

The Perfect Lunch!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER
AND EMPLOYER